



June 2009
 815 Hyde St., 2nd Floor
 415-409-4101 - www.transthive.org



ASIAN & PACIFIC ISLANDER
 WELLNESS CENTER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 1-5PM Therapy 3:30-4:30PM Seeking Safety 6-7:30PM FTM Group 6-7:30 Translations	3 <i>Drop-in CLOSED</i> 4:30-6:30PM T-LISH Youth Core Group	4 2-5PM HIV Testing 3-4PM The Healthy You	5 1-5PM Therapy 2-3PM Ladies who Lunch 3-5PM Movie Night	6 2-5PM Día Latino 2-3PM ESL class 3-5PM Películas 3-5PM Tranzotica: Art Class 5:30-8:30PM T-LISH Lounge
7	8	9 1-5PM Therapy 3:30-4:30PM Seeking Safety 6-7:30PM FTM Group 6-7:30 Translations	10 <i>Drop-in CLOSED</i> 4:30-6:30PM T-LISH Youth Core Group	11 2-5PM HIV Testing 3-4PM The Healthy You	12 1-5PM Therapy 2-3PM Ladies who Lunch 3-5PM Movie Night	13 2-5PM Día Latino 2-3PM ESL class 3-5PM Películas 3-5PM Tranzotica: Art Class 5:30-8:30PM T-LISH Lounge
14	15	16 1-5PM Therapy 3:30-4:30PM Seeking Safety 6-7:30PM FTM Group 6-7:30 Translations	17 <i>Drop-in CLOSED</i> 4:30-6:30PM T-LISH Youth Core Group	18 2-5PM HIV Testing 3-4PM The Healthy You	19 1-5PM Therapy 2-3PM Ladies who Lunch: Community Meeting 3-5PM Movie Night 3-4:30PM Mandatory Volunteer Meeting	20 2-5PM Día Latino 2-3PM ESL class 3-5PM Películas 3-5PM Tranzotica: Art Class 4:30PM Frameline Screening: Against a Trans Narrative 5:30-8:30PM T-LISH Lounge
21 2-4PM FTMs of Color Support Group 5-8PM CUAV Benefit Game Night	22	23 1-5PM Therapy 3:30-4:30PM Seeking Safety 6-7:30PM FTM Group 6-7:30 Translations	24 <i>Drop-in CLOSED</i> 4:30-6:30PM T-LISH Youth Core Group	25 2-5PM HIV Testing 3-4PM The Healthy You	26 <i>Drop-in CLOSED</i> 3-7PM Find us at Dolores Park 7PM Trans March	27 <i>Drop-in CLOSED for Pride Weekend</i>
28 <i>Pride March</i> 11AM-7PM TRANS: THRIVE Info Booth	29	30 1-5PM Therapy 3:30-4:30PM Seeking Safety 6-7:30PM FTM Group				

What's Happening @ TRANS: THRIVE

Stop by 2PM-5PM, Tuesday, Thursday, Friday & Saturday, to talk with friends, meet new people, and get support. Our drop-in center has a shower, computer lab, clothing closet, library & more. Are you under 24? Check out our trans youth program, T-LISH!

Our regular groups and services:

Community meeting. Monthly opportunity for clients, community members, volunteers, and staff to discuss the TRANS: THRIVE program. A light lunch is provided.

Día Latino. Practica tu ingles con gente de ambiente y relajense con una película y postre. Es tu día!

ESL Class: Free English classes and tutoring for transgender native Spanish speakers.

FTM Group: This is group is for female-to-male (FTM) people and anyone else labeled female or intersex at birth who identifies on the transmasculine spectrum.

FTMs of Color Support Group: A group for female-to-male spectrum people who also identify as people of color.

Tranzotica: Same group for transgender people of color, now with a new name. Asian, Pacific Islander, Native American, African American, multiracial-, and other-identified folks welcome!

HIV Testing: AIDS Health Foundation brings free STD testing once a week.

The Healthy You: A group for all trans & gender non-conforming folks to share ways to take care of yourself, featuring a different health topic each week.

Ladies Who Lunch: A peer-led support group, with a light homemade lunch. Open to all.

Movie Night: Watch a movie and enjoy a facilitated discussion with your peers. We'll bring the snacks. Open to transgender clients and guests.

Needle Exchange: Ask staff for free clean needles (hormone and IV) in exchange for your old ones.

Seeking Safety: A present-focused therapy group to help people live in safety from trauma/PTSD and substance abuse.

Therapy: We collaborate with New Leaf and Castro/Mission Health Center to bring you FREE one-on-one therapy here at TRANS: THRIVE

T-LISH Youth drop-in: Ages 14-24. Ask Akira or Fiona for more information.

Translations: An open writing workshop for trans and gender-variant youth 14-24. Come in and create and share poems, stories, comics, plays, journal entries, songs, etc. with your peers. Dinner will be provided.

Visit us at 815 Hyde St., 2nd Floor, between Sutter and Bush, or call 415-409-4101. Our website is www.transthrive.org.

★ **NEW PROGRAM HIGHLIGHTS FOR PRIDE MONTH!!!** ★
★ (see reverse for dates & times) ★
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★ • **Tranzotica** is hosting a 5-week art class starting May 30. Contact Bionka@apiwellness.org for details. ★
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★ • **CUAV Benefit:** Qian hosts a night of parlor and board games to support this LGBTQ-focused anti-violence organization. Please RSVP to Qian@apiwellness.org by Wednesday 6/17; all genders are welcome and no one will be turned away for lack of funds. ★
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★ • **Trans March.** Meet us in Dolores Park for a rally with speakers and performers, then a march to Civic Center in a show of transgender and allied power. ★
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★ • **Pride Parade and Celebration.** March with us in the largest celebration of LGBTQ diversity in the country! Then, look for our booth in the Transgender area at the Pride Celebration at Civic Center for some treats. Call Luke at 415-409-4102 for details. ★
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★ • **Against a Trans Narrative** will be screened at the Victoria Theatre on 16th St between Mission and Capp. TRANS: THRIVE co-presents a transmasculine-focused documentary. Frameline33 takes place June 18 - 28, 2009. For tickets (\$10 general) or work exchange information, visit www.frameline.org. ★
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